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On Your Toes

A foot treatment tells all.

By Ann Wycoff

Pointing at the menu to order an unpronounceable but tempting delicacy may be necessary at the Spa at CopperWynd where Perscentology is the latest addition. This fragrant treatment includes a multi-discipline, full-body massage (hot stone, aromatherapy, and Swedish mix) before it taps the art of personality profiling through “toe reading.” Merging concepts from reflexology and the book, *The Language of Feet* by Chris Stormer, therapist Marie Bernat reveals client’s character traits through the shape, length, direction, and interaction of those ten little digits. According to the pinky represents security, while its neighbor on the left foot represents relationships—if your pinky curls under relationship toe, you look to your mate for security; if your relationship toe is square, you may have trouble being but if it comes to a point, you’re likely to be monogamous. The big toe represents destiny and purpose—if your toe is straight, you’re right on track.

CopperWynd Resort and Club, Scottsdale, Arizona, (877) 707-7760, www.copperwynd.com



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